

# GROWTH GROUP

## Study Guide

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1 Corinthians 9:24-27 – Training With Purpose

### My Story

1. What goal in your life has taken the most discipline on your part to achieve?

### Digging Deeper

2. All Christians are in the “race.” Describe some ways we can be tempted to not “run in such a way as to get the prize?”
3. Read Hebrews 12:1-2. What three actions (each indicated by “Let us”) are Christians commanded to do as they run the race? What do each of these look like spiritually?

4. What are some of the “finish-lines” or goals that our culture seems to run towards? How can these same things distract believers from running the Christian race looking towards the finish-line God has called us to?

### Reflection

5. What are some areas that you would wish to have more self-control in as you run the Christian race?
6. What have you discovered that helps to keep you focused on running through the finish-line of the Christian race?

# SERMON NOTES

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## Taking the Next Step

Reflect on how your “race” is currently going, seeking to identify areas in which you could stand to improve. Seek help you as you strive to work on these areas (an accountability relationship with someone, reminders in your phone, a commitment not to pursue your own recreation until you have completed your spiritual discipline, etc.)

## Praises / Prayer Requests

