

GROWTH GROUP

Study Guide

Psalm 91 – In God We Trust

My Story

1. How do you feel when someone gives you a hug (pre-Covid, post-Covid)? What kind of “hugger” are you: (a) “Bear hugger,” (b) “Three-light-pats-on-the-back” hugger, (c) Non-hugger?

Digging Deeper

2. What words are used in vv.1-4 to describe the nature of God’s protection? What is the common characteristic of each example?
3. Verses 5-10 describe what it’s like to have the Lord as our refuge, living safely under His protection. Is dwelling in God’s refuge a guarantee of protection against anything and everything bad? Why or why not?

4. Note how many times the word “will” appears in Psalm 91. How does this emphasize the message of the Psalm?

Reflection

5. Why is it so hard to overcome fears of unseen or invisible dangers?
6. What are you particularly anxious about these days, for which God is waiting on you to call His Name and acknowledge your need?

SERMON NOTES

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Taking the Next Step

God wants you to trust Him. Scripture can be such a help to us as we work to trust more fully in God. Spend this week committing one or more of the following passages to memory: Proverbs 3:5-6; Matthew 6:33; Matthew 7:7-8.

Praises / Prayer Requests

