

GROWTH GROUP

Study Guide

Psalm 130 – Graveyard Shift

My Story

1. Have you ever had to wait a long time for something? Did you eventually give up? Why or why not?

Digging Deeper

2. Psalm 130 opens with the Psalmist crying out to the Lord. How would you describe his condition based on verses 1-3?
3. What is the Psalmist's attitude as he awaits God's forgiveness in verses 4-6? What does Luke 18:9-14 tell us about our attitude and God's forgiveness?

4. In verses 7+8, the Psalmist calls God's people to hope in Him for lovingkindness and redemption. **Read Psalm 103.** List the things that give you hope, and speak to you of God's lovingkindness and redemption?

Reflection

5. Can you identify with "the depths" out of which the Psalmist cries? What sort of "depths" have you experienced in your own life, and how did God meet you in those times?
6. What is your experience of God as you wait? Does He seem near or distant? How might God be waiting for you right now?

SERMON NOTES

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Taking the Next Step

Do you know someone who is in “the depths” right now? Reach out to them this week and let them know you’re praying for them. Remind them that God is their deliverer and that He loves them.

Praises / Prayer Requests

